Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Fekkers Roos HEADCOACH

Coaches: Winderix Wannes

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:5, starttime: 14:05

Heat: 5/14 Lane : 7 Athlete: GIJSENBERG WINKE **Q-time: 01:13:16**

PB (25m pool): 01:13.16 Vilvoorde 26/04/2026 **PB (50m pool):** 01:15.17 **SB:** 01:14.18 LEUVEN 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:33.67		01:13.16	
		00:33.67		*00:39.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:7, starttime: 14:10

Heat: 7/14 Lane : 1 Athlete: FERNANDEZ PEDRERA TARIK LAILA **Q-time: 01:10:51**

PB (25m pool): 01:10.51 LEUVEN 21/12/2025 **PB (50m pool):** 01:12.84 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.69		01:10.51	
		00:34.69		*00:35.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:9, starttime: 14:15

Heat: 9/14 Lane : 5 Athlete: AMADOU CAMILLE **Q-time: 01:08:19**

PB (25m pool): 01:08.19 Tervuren 30/05/2026 **PB (50m pool):** 01:09.48 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.84		01:08.19	
		00:32.84		*00:35.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KLSVZ

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:11, starttime: 14:15

Heat: 11/14 Lane : 8 Athlete: ADAM MAELINE — **Q-time: 01:07:40**

PB (25m pool): 01:07.40 Tervuren 30/05/2026 **PB (50m pool):** 01:08.26 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.23		01:07.40	
		00:32.23		*00:35.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:14, starttime: 14:20

Heat: 14/14 Lane : 1 Athlete: VAN BOXSTAEL NORA — **Q-time: 01:04:35**

PB (25m pool): 01:04.35 Zaventem 15/07/2025 **PB (50m pool):** 01:06.92 **SB:** 01:05.95 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.03		01:04.35	
		00:31.03		*00:33.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:2, starttime: 14:30

Heat: 2/10 Lane : 8 Athlete: LAENEN CID — **Q-time: 03:04:81**

PB (25m pool): 03:04.81 Tienen 27/09/2026 **PB (50m pool):** 03:21.92 **SB:** 03:04.81 Tienen 27/09/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.98		no time		no time		03:04.81
		00:43.98						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:3, starttime: 14:30

Heat: 3/10 Lane : 1 Athlete: DECLERQ ARTHUR — **Q-time: 02:55:93**

PB (25m pool): 02:55.93 Tienen 27/09/2026 **PB (50m pool):** no time **SB:** 02:55.93 Tienen 27/09/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.92		no time		no time		02:55.93
		00:34.92						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KLSVZ

Event number: 33: 200M MEDLEY MEN 13+ — Heat:6, starttime: 14:40

Heat: 6/10 Lane : 8 Athlete: VAN GORP LUCAS — **Q-time: 02:45:66**

PB (25m pool): 02:45.66 Tervuren 30/05/2026 **PB (50m pool):** 03:21.91 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.95		01:21.73		02:08.66		02:45.66
		00:37.95		*00:43.78*		*00:46.93*		*00:37.00*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:9, starttime: 14:50

Heat: 9/10 Lane : 5 Athlete: CAMBRON WARD — **Q-time: 02:28:84**

PB (25m pool): 02:28.84 Tervuren 30/05/2026 **PB (50m pool):** 02:33.91 **SB:** 02:35.50 Tienen 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:30.94		01:10.12		01:54.02		02:28.84
		00:30.94		*00:39.18*		*00:43.90*		*00:34.82*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:7, starttime: 16:05

Heat: 7/9 Lane : 3 Athlete: ADAM MAELINE — **Q-time: 00:35:75**

PB (25m pool): 00:35.75 Hannuit 28/03/2026 **PB (50m pool):** 00:37.73 **SB:** no time

	25M	50M	
PB		00:35.75	
		00:35.75	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:7, starttime: 16:05

Heat: 7/9 Lane : 8 Athlete: GIJSENBERG WINKE — **Q-time: 00:36:25**

PB (25m pool): 00:36.25 Leuven 04/10/2026 **PB (50m pool):** 00:38.00 **SB:** 00:36.25 Leuven 04/10/2026

	25M	50M	
PB		00:36.25	
		00:36.25	
	. . : . . : . .	. . : . . : . .	

Coach feedback: